2023-24

# Community Guide

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# Community Guide 2023-24

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#### Community Guide 2023-2024

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# Westchester County

#### WELCOME NEIGHBORS AND FRIENDS

Whether you are new in the neighborhood or have called our County home for many years, I hope you will find that here in Westchester, there is something for everyone. From the mighty Hudson River to the beautiful Long Island Sound, to the open space of our north County, Westchester is a wonderful place to start a family or enjoy your later years.

Made up of 45 cities, towns and villages, Westchester offers rich history, diverse cultures, vibrant neighborhoods, bustling downtowns and friendly people. There are a variety of things to see and do, from taking an adventurous hike at one of our 50 beautiful County parks, to exploring our historic landmarks, to dining at a top-rated restaurant. Our excellent school districts and close proximity to New York City are all part of the fabric that make our County unique.



George Latimer. Westchester County Executive

I am proud to say that I have lived nearly all of my life in our beautiful County, and as Westchester County Executive, I have had the pleasure of serving our residents and hosting thousands of visitors each year. I encourage you to use our website - www.westchestergov.com - as your guide. The pages are full of all the wonderful things Westchester County has to offer.

Our Parks website, https://parks.westchestergov.com/ is updated almost daily with dozens of recreational areas to explore, and our tourism website, www.visitwestchesterny.com, is filled with fun things to do close to home.

Together, we will continue to make Westchester County a destination for all people to live, work and enjoy.

#### Cancer Support Team

2900 Westchester Avenue, Ste. 103, Purchase, NY 10577 (914) 777-2777 E: cst@cancersupportteam.org W: cancersupportteam.org F: CancerSupportTeam.1978

#### **Volunteer New York!**

220 White Plains Road, Tarrytown, NY 10591 (914) 948-4452 E: info@volunteernewvork.org W: volunteernewyork.org F: volunteernynow

#### My Sisters' Place

3 Barker Avenue, White Plains, NY 10601 (914) 683-1333 1-800-298-SAFE (7233) W: mspny.org E: info@mspny.org F: mysistersplaceny

#### **Furniture Sharehouse**

Warehouse Address: Building #3 Airport Road Westchester County Airport, White Plains, NY 10604 Mailing Address: P.O. Box 702 Larchmont, NY 10538 (914) 834-1294 E: office@furnituresharehouse.org W: furnituresharehouse.org F: furnituresharehouse T: @furnsharehouse

#### **County Board of Elections**

25 Quarropas Street, Unit 1 White Plains, NY 10601 (914) 995-5700 W: citizenparticipation. westchestergov.com

#### **County Board of Legislators**

800 Michaelian Office Building 148 Martine Avenue, 8th Floor, White Plains, NY 10601 (914) 995-2800 W: westchesterlegislators.com F: westchestercountyBOL T: westchesterBOL

#### **County Clerk**

110 Dr. Martin Luther King Jr. Blvd., White Plains, NY 10601 (914) 995-3080 W: westchesterclerk.com F: WestchesterCountyClerk T: WestCtyClerk

#### **County Executive Office**

(914) 995-2900 E: ce@westchestergov.com F: westchestergov I: westchester\_county\_ government

#### **County District Attorney**

111 Dr. Martin Luther King Jr. Blvd., White Plains, NY 10601 (914) 995-3414 W: westchesterda.net F: WestchesterDA.NY T: WestchesterDA

#### **County Human Rights** Commission

112 East Post Rd, 3rd Fl, White Plains, NY 10601 (914) 995-7710 W: humanrights.westchestergov

#### Office for People with **Disabilities**

148 Martine Ave., Rm. 102, White Plains, NY 10601 (914) 995-2957 TTY: (914) 995-7397 Para Transit: (914) 995-2960 W: disabled.westchester gov.com

#### County Dept. of Senior **Programs & Services**

9 South First Ave., 10th Fl., Mount Vernon, NY 10550 (914) 813-6400 Medicare Info: (914) 813-6100 W: seniorcitizens.westchestergov.

#### **Department of Motor Vehicles** 1-518-486-9786

White Plains District Office

1 Maple Ave., White Plains, NY 10605 Hours: Monday - Friday, 7:30AM to 5:00PM. (Reservations are recom-Yonkers District Office 1 Larkin Plaza, Yonkers NY 10701 Hours: Monday - Friday, 7:30AM to 5:00PM. (Reservations are recommended.) W: dmv.ny.gov F: nysdmv

#### Westchester County Health Dept.

134 Court St White Plains, NY, 10601 (914) 995-5800 W: health.westchestergov.com T: wchealthdept

#### **Westchester County Tourism**

148 Martine Avenue, White Plains, NY 10601 (914) 995-8500 E: info@visitwestchesterny.com W: visitwestchesterny.com F: WestchesterCountyTourism

#### **League of Women Voters**

520 White Plains Road, Ste. 500, Tarrytown, NY 10591 (914) 366-7312 E: westchesterlwv@gmail.com W: my.lwv.org/new-york/ westchester F: lwvwestchester

#### Parks & Recreation and Conservation

450 Saw Mill River Rd., Ardsley, NY 10502 (914) 231-4500 or (914) 864-PARK W: parks.westchestergov.com F: Westchesterparks

#### **Veterans Service Agency**

10 County Center Rd., White Plains, NY 10607 (914) 813-5146 W: veterans.westchestergov.com

#### **Department of Environmental Facilities**

270 North Avenue, New Rochelle, NY 10801 (914) 813-5425 Recycling Helpline: 813-5425 E: WCDef@westchestergov.com W: environment.westchestergov. com/recycling

# Schools & Activities

#### 5 SAVVY TIPS FOR A SMOOTH BACK-TO-SCHOOL TRANSITION

(Family Features) Balancing schedules, supplies shopping, meal planning and more can make the back-to-school season one of the most hectic times of the year. Keeping stress at bay may be a little easier when you put a plan in place the entire family can follow.

Remember, making the transition as smooth as possible requires a team effort. Help make a new academic year easier on your little ones (and yourself) with these hacks.

#### **Start Your Routines**

Getting your kids into their school day routines may be a massive undertaking, but it's often helpful to start weeks before the first bell rings. Set those alarms and encourage kiddos to treat each morning as if they're going to class. In the evenings, practice prepping backpacks and outfits just as you would during the school year, and ensure children are going to sleep at the times they should on school nights.



#### **Simplify School Lunches**

**Knowledge** 

of French

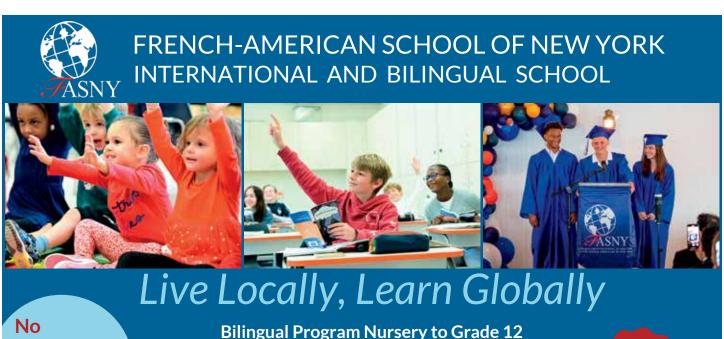
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Prepping lunchboxes to send to school doesn't need to be a time-consuming affair. In fact, it can be one of the easiest parts of your routine with prepackaged options that help make packing lunches a breeze. Seek out solutions that help simplify the process like Kemps Smooth Cottage Cheese, a first-of-its-kind snack for kids made with 4% whole milk and blended with real fruit to create a smooth and creamy texture without the curds. Available in four-packs of 4-ounce cups in fun flavors like Mixed Berry, Strawberry and Strawberry Banana, it's a healthy, convenient and versatile solution with probiotics and no high-fructose corn syrup. Plus, it's

high in protein to keep kids feeling full and focused throughout the school day.

#### **Prep the Night Before**

Stressful mornings can lead to less productive days. Instead, simplify mornings as much as possible by packing backpacks, prepping lunches and planning outfits in the evenings to save yourself time once that alarm goes off. Plus, you may be less likely to forget essentials like homework assignments or permission slips when you're not in a rush.



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# Schools & Activities

5 SAVVY TIPS FOR A SMOOTH BACK-TO-SCHOOL TRANSITION ... CONTINUED

#### **Serve Nutritional After-School Snacks**

Skip the temptation to stock the pantry with sugary grab-and-go treats. Instead, encourage good nutritional choices for your children after a day of learning by offering them healthier snacking solutions. For example, pairing cottage cheese with crackers or fresh fruit provides a protein punch without the added sugar of less healthy snack choices to keep little tummies full until it's time for a family meal.

#### **Create a Family Calendar**

The school year certainly isn't the only time that calendars feel like they're bursting at the seams, but the addition of after-school activities, field trips, parent-teacher conferences and more can be overwhelming if you're not prepared. Find a scheduling solution that works for your family, whether it's a dry-erase board in a mudroom or magnetic calendar on the fridge. Stay on top of upcoming events and activities by sitting

down together once a week (or more) to write down everyone's commitments and track important dates.

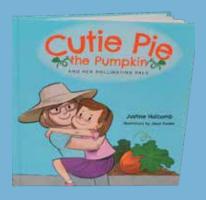
To learn more and find fun recipes, visit Kemps.com.

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# Schools & Activities

#### TURN TO WHOLE GRAINS FOR A NUTRITIONAL BOOST

(Family Features) Nutritious eating, including smarter snacking, is an important way to protect your heart and maintain overall health and wellness. While many people understand the basics of healthy eating – avoiding too many sugary treats, for example – some are confused about important food categories that can impact nutrition

According to a survey conducted by The Harris Poll on behalf of the American Heart Association, U.S. adults are least knowledgeable about refined vs. whole grains compared to other food categories like fruits, vegetables and proteins. Whole grains are, in fact, a key feature of the Association's recommendations for a heart-healthy diet.

There are two types of grain products: whole grains, which contain the entire grain, and refined grains, which have been milled into a finer texture like flour or meal. Most adults, according to the survey, are able to distinguish whole vs. refined grains. However, there are a few misperceptions.

Most incorrectly believe multi-grain bread is a whole grain. Additionally, only 17% believe sorghum is an example of a whole grain when it is, in fact, a whole grain option. Whole grains like sorghum, oatmeal and brown rice are rich sources of dietary fiber, may improve blood cholesterol levels and provide nutrients that help the body form new cells, regulate the thyroid and maintain a healthy immune system.

These sweet, chewy Date Nut Granola Bars from the American Heart Association's Healthy for Good initiative, supported by the Sorghum Checkoff, are a perfect go-to snack for enjoying throughout the week. Popped sorghum adds a surprise ingredient for crunchy texture while dry-roasted oats and nuts provide a delicious, toasted flavor.

To discover more whole-grain recipes that can support a healthy heart, visit Heart.org/healthyforgood.

#### **Date Nut Granola Bars**

Recipe courtesy of the American Heart Association and Sorghum Checkoff Servings: 12 (1 bar per serving)

Nonstick cooking spray

11/2 cups rolled oats

1/4 cup almond slices or whole almonds, coarsely chopped

1/4 cup shelled pistachios, coarsely chopped

1 cup pitted dates

1/2 cup unsweetened dried cranberries1/4 cup uncooked whole-grain sorghum

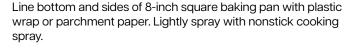
1/4 cup honey

1/4 cup low-sodium peanut butter

1 teaspoon vanilla extract

1/8 teaspoon salt

Preheat oven to 350 F.



On large baking sheet, spread oats, almonds and pistachios in single layer. Bake 10-15 minutes, or until lightly brown, stirring occasionally. Let cool slightly.

In food processor or blender, process dates and cranberries 1-11/2 minutes, or until chopped and clumpy. Transfer to large bowl.

Put 2 tablespoons sorghum in silicone microwaveable bowl or clean, brown paper bag. If using microwaveable bowl, cover with lid. If using paper bag, roll shut and place on microwavable dinner plate with fold facing down. Microwave on high 2 minutes, or until there are more than 10 seconds between pops. Repeat with remaining sorghum, microwaving 11/2 minutes, or until more than 10 seconds between pops.

Stir popped sorghum, oats, almonds and pistachios into date mixture.

In small saucepan over low heat, heat honey and peanut butter 5 minutes, or until peanut butter is smooth and mixture is warmed, stirring occasionally. Remove from heat. Stir in vanilla and salt.

Pour peanut butter mixture over date mixture, stirring to break into small clumps. Transfer half to baking pan. Using bottom of drinking glass or fingers lightly sprayed with nonstick cooking spray, press down firmly to flatten and pack tightly so clumps adhere to each other. Repeat with remaining half. Freeze, covered, about 1 hour, to firm.

Place cutting board over pan. Turn pan over. Discard plastic wrap. Using knife, cut into 12 bars. Refrigerate leftovers in airtight container up to 1 week.





# Senior Health & Living

2023-2024

# Senior Health & Living

#### AREA SENIOR ORGANIZATIONS

#### **Bronxville Seniors**

Reformed Church of Bronxville 180 Pondfield Rd., Bronxville, NY 10708 (914) 844-5120 E: bsc@scc70.org W: scc70.org/bronxvilleseniors

#### **Gramatan Village**

85 Pondfield Road, Bronxville (914) 337-1338 E: info@gramatanvillage.org W: gramatanvillage.org

#### **Eastchester Nutrition Program**

Peter Basha Nutrition Program Director 660 White Plains Road Eastchester, NY 10709 (914) 337-0390 Fax: (914) 337-2584 E: pbasha@eastchester.org





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https://assistedlivinglocators.com/westchester

#### **Harrison Community Center**

216 Halstead Avenue Veterans Memorial Building 210 Halstead Avenue (914) 835-0374, ext. 3172

#### **Town of Mamaroneck Senior Center**

1288 Boston Post Road, Larchmont (914) 834-8840

W: townofmamaroneck.org/408/Senior-Programs-Services

#### At Home on the Sound

Office Address: 875 Mamaroneck Ave, Mamaroneck, NY 10543 Mailing Address: P.O. Box 523, Mamaroneck, NY 10543 (914) 899-3150 E: director@athomeonthesound.org W: athomeonthesound.org

#### **WJCS Senior Center**

Sinai Free Synagogue 550 N Columbus Avenue, Mount Vernon, NY 10552 (914) 668-4350 W: sinaifreesynagogue.org

#### **Beth-El Synagogue Center, Seniors**

1324 North Avenue, New Rochelle, NY 10804 (914) 235-2700, ext. 256 W: bethelnr.org/adult-programs/seniors-program/

#### Friendship Club, Temple Israel

1000 Pinebrook Blvd., New Rochelle, NY 10804 (914) 235-1800 W: tinr.org

#### **Hugh A. Doyle Senior Center**

94 Davis Avenue, New Rochelle, NY 10805 (914) 235-2363 W: newrochellenv.com/453/Hugh-A-Doyle-Senior-Center

#### **New Rochelle Cares AIP**

(914) 563-8368 E: info@newrochellecares.org W: newrochellecares.org

#### **Town of Pelham Senior Citizens Club**

Daronco Town House, 20 Fifth Avenue, Pelham, NY 10803 (914) 738-5004

W: townofpelham.com/senior-advocate/

#### **Rye Senior Citizens Program**

281 Midland Avenue, Rye, NY 10580 (914) 653-3081

W: ryeny.gov/government/recreation-department/seniors



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# Senior Health & Living

#### MANAGE HEART HEALTH FOR STRONGER BRAIN HEALTH

(Family Features) The same risk factors that contribute to making heart disease the leading cause of death worldwide also impact the rising global prevalence of brain disease, including stroke, Alzheimer's disease and dementia.

The global death rate from Alzheimer's disease and other dementias is increasing even more than the rate of heart disease death, according to the American Heart Association's Heart Disease and Stroke Statistics 2022 Update.

Globally, more than 54 million people had Alzheimer's disease and other dementias in 2020, a 37% increase since 2010 and 144% increase over the past 30 years (1990-2020). Additionally, more than 1.89 million deaths were attributed to Alzheimer's disease and other dementias



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worldwide in 2020, compared to nearly 9 million deaths from heart disease.

"The global rate of brain disease is quickly outpacing heart disease," said Mitchell S.V. Elkind, M.D. M.S., FAHA, the



past president of the American Heart Association (2020-21), a professor of neurology and epidemiology at Columbia University's Vagelos College of Physicians and Surgeons and attending neurologist at New York-Presbyterian/Columbia University Irving Medical Center. "We are learning more about how some types of dementia are related to aging, and how some types are due to poor vascular health. It's becoming more evident that reducing vascular disease risk factors can make a real difference in helping people live longer, healthier lives, free of heart disease and brain disease."

According to the statistics update, people with midlife hypertension were five times more likely to experience impairment on global cognition and about twice as likely to experience reduced executive function, dementia and Alzheimer's disease. The risk for dementia associated with heart failure was nearly two-fold.

Experts recommend maintaining a healthy weight, managing your blood pressure and following other heart-healthy lifestyle behaviors that can also support good brain health while studies show maintaining good vascular health is associated with healthy aging and retained cognitive function.

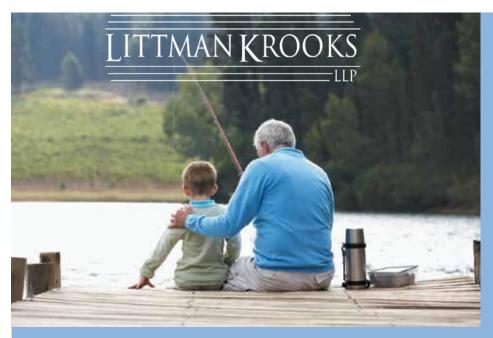
Optimal brain health includes the ability to perform tasks like movement, perception, learning and memory, communication, problem solving, judgment, decision making and emotion. Cognitive decline and dementia are often seen following stroke or cerebrovascular disease and indicate a decline in brain health.

Consider these steps to live a healthier lifestyle and protect your heart and brain health:

- · Don't smoke; avoid secondhand smoke.
- Reach and maintain a healthy weight. Be mindful of your eating habits; eat foods low in saturated fat, trans fat, sodium and added sugars.
- Be physically active. Start slowly and build up to at least 150 minutes
  of moderate physical activity (such as brisk walking) each week. As
  an alternative, you can do 75 minutes of vigorous physical activity, or
  a combination of the two, to improve overall cardiovascular health.
- Get your blood pressure checked regularly and work with your health care team to manage it if it's high.
- $\boldsymbol{\cdot}$   $\,$  Have regular medical checkups and take your medicine as directed.
- Decrease your stress level and seek emotional support when needed.

Learn more about the relationship between heart health and brain health at heart.org.

Photo courtesy of Getty Images



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# Senior Health & Living

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W: burke.org F: burkerehab

#### **GoHealth Urgent Care**

105 Quaker Ridge Road, Suite 4, New Rochelle, NY 10804 (914) 266-3104

W: gohealthuc.com /NYC/westchester/new-rochelle F: NorthwellHealthGoHealthUCNewRochelle

#### **PhysicianOne Urgent Care**

1030 W. Boston Post Road, Mamaroneck, NY 10543 860-650-3848

W: physicianoneurgentcare.com F: PhysicianOneUrgentCare

#### **Memorial Sloan Kettering Westchester**

(914) 367-7000

500 Westchester Avenue, West Harrison, NY 10604

New patients: 833-921-2959

W: mskcc.org

F: memorialsloankettering

#### **Montefiore New Rochelle Hospital**

16 Guion Place, New Rochelle, NY 10801 (914) 632-5000

W: montefiorenewrochelle.org

#### **New York-Presbyterian Westchester**

55 Palmer Avenue, Bronxville, NY 10708 (914) 787-1000

W: nyp.org/morewestchester F: newyorkpresbyterian

#### **New York-Presbyterian Westchester Division**

21 Bloomingdale Road, White Plains, NY 10605 (888) 694-5700

#### St. Joseph's Medical Center

127 South Broadway, Yonkers, NY 10701 (914) 378-7000

W: saintjosephs.org

F: SaintJosephsMedicalCenter

#### **Westchester Medical Center**

100 Woods Road, Valhalla, NY 10595 (914) 493-7000

W: westchestermedicalcenter.com

F: WestchesterMed

#### **White Plains Hospital**

41 East Post Rd., White Plains, NY 10601 (914) 681-0600 W: wphospital.org

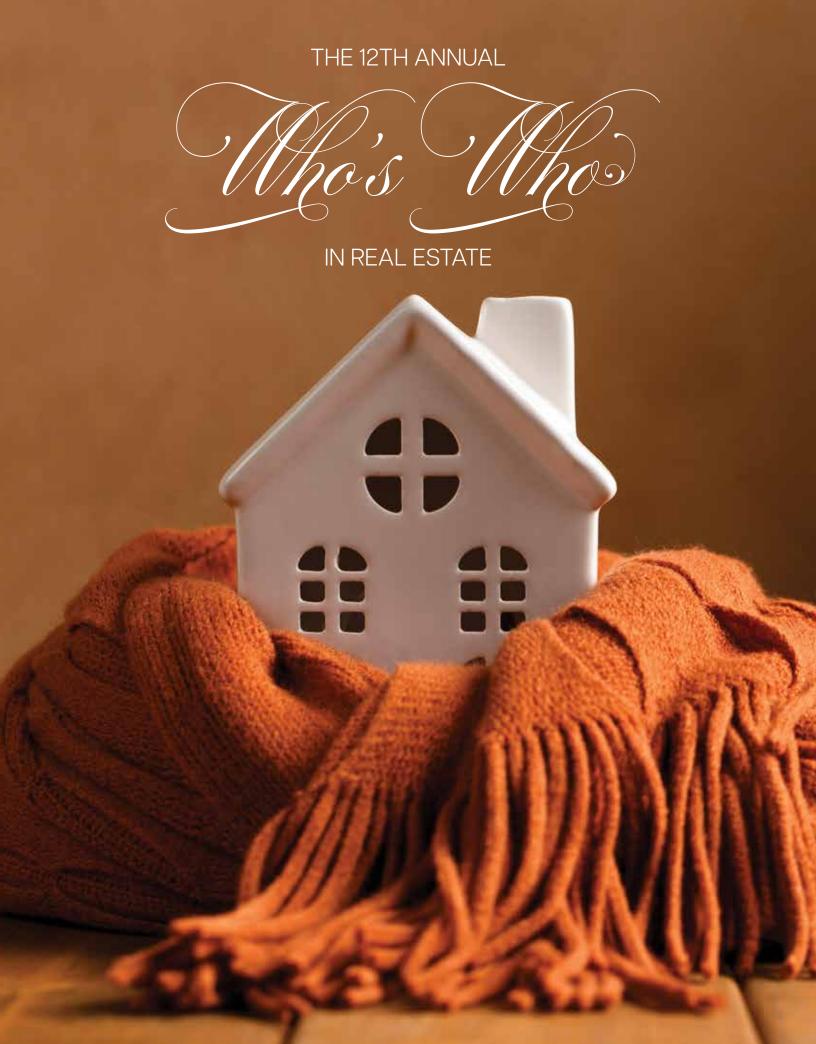
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# Who's Who in Real Estate

#### 3 TIPS FOR SELECTING THE PERFECT HOME

(Family Features) For those beginning the process of home buying, there are many factors to consider. Keep these ideas in mind as you conduct your search – whether it's online or at a series of open houses.

#### **Consider future needs**

Because life is always evolving, it's important to move into a home that has enough space for your family's anticipated changes. While features and space are always prime considerations, don't forget to, look into the area schools, day care options, parks and other kid-friendly amenities if you plan to grow your family in your next home.

#### Look for flexible spaces

Seek homes that offer rooms with multiple functions. For example, an office area may be suitable for a small child's room, or a sunroom may be converted to a laundry area down the road. Unfinished basements are also blank canvases that can be customized to meet your family's wants and needs.

#### Get to know the area

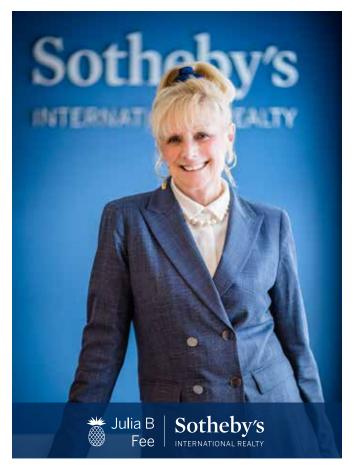
The purchase of a home goes well beyond the property line. Be sure to examine the neighborhood in which the house is situated. From the condition of the neighbors' houses to highway access and the proximity of necessities like



grocery stores and gas stations, be sure to take every factor into account to help ensure you're selecting the right location.

Find more tips to aid you in your home search at eLivingtoday.com.

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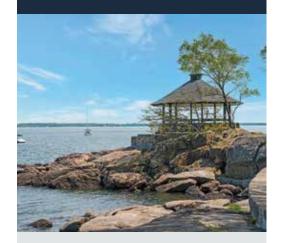
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Patti Anderson 917.664.5763



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Alexis Brine 917.817.7308



Rona Calogero 914.806.0213



Joan Capaldi 914.806.9965



Nathalie Clark 917.825.4323



Lisa Collins 917.880.9565



914.715.5093



Rebecca Daniele Farrah DiMaggio 914.661.7424



Glen Erickson 914.317.1195



**Carey Federspiel** 914.419.3132



Anne Feuga 914.714.5049



**Bradley Fischer** 914.275.8453



**Cathy Fugazy** 914.263.6902



Silvia Gaviria 917.975.7239



Ali Greene 914.396.5273



Eileen Kelly 914.329.6763



Rania Khouri 914.772.6467



Jeanne Kiernan 914.522.4223



Danielle Longhitano Sandy Lubliner 914.557.3986



914.837.8195



914.355.8069



Kate Mercado Cassandra Merolla 516.316.9456



Laura Noll 914.462.2320



Elizabeth Pichardo 917.348.4079



**Terri Prenty** 914.720.8980



Helen Propersi 914.575.9404



Susan Rock 914.261.9298



Gay Rosen 914.907.2645

17



Carola Schonander 914.484.1229



**Carole Sears** 914.420.4345



Cary Sleeper 914.582.1202



Katherine Tamagna 914.772.0499



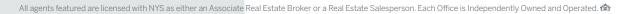
Meg Tym 917.647.0767



Caroline Weinstein 914.216.3518



Jane Murray Brokerage Manager





### THE MOST POWERFUL AGENT NETWORK IN NEW ROCHELLE



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BELL Real Estate Salesperson



BRADSHAW Real Estate Salesperson



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BENJAMIN **BURTON** Real Estate Salesperson



**BURTON** Real Estate Salesperson



CALLAHAN Associate Real Estate Broker



DEBBIE CAPELLI Real Estate Salesperson



CONROY Real Estate Salesperson



CORWEN Real Estate Salesperson



**FARRELL** Real Estate Salesperson



BRIAN **GALVIN** Real Estate Salesperson



**GHOSSEIN** Real Estate Salesperson



GIACOBBE Real Estate Salesperson



PAULO "PAUL" **GUERRA** Real Estate Salesperson



ANERDIS "ANGIE" **GRULLON** Real Estate Salesperson



SARAH HAQ Real Estate Salesperson



HOFSTETTER Real Estate Salesperson



HOROWITZ Associate Real Estate Broker



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**ROBYN** ROSENBERG Real Estate Salesperson



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Real Estate Salesperson



APRIL HELENE MONACO Real Estate Salesperson



JARED PALETTI Associate Real Estate Broker



STEPHANIE PIZZO Real Estate Salesperson



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MARIA MANTIS Licensed Associate RE Broker 914.525.9472



CARI MERMELSTEIN Licensed RE Salesperson 914.482.7065



NICOLE OREFICE Licensed RE Salesperson 914.830.7036



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ROSANNA ROBUSTELLI Licensed RE Salesperson 917.741.4062



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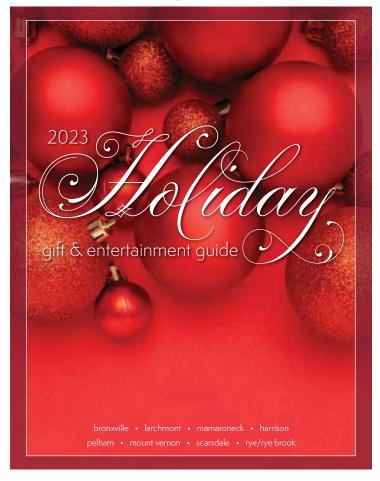
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⇧

# The 2023 Holiday Gift Guide is Coming!

The **9th Annual Holiday Gift Guide** will be mailed in the November issue of the Harrison Herald, Larchmont Ledger, New Rochelle Review, The Pelham Post and The Bronxville Bulletin.





# sample editorial

# Comfort Food, Vintage Music & You at the Diner!

Officially the first diner in town, Bronx-ville Diner has consistently provided its patrons with great comfort food, a warm 50's retro vibe and vintage music since August 2016. They have the most extensive and delectable milkshakes ever known to a diner, using only Buck's Ice Cream. A special allergy and glutenfree menu is available. A day of holiday shopping needs to begin with the per-



fect breakfast at the Bronxville Diner to invigorate and inspire you through-out your day. Or, after a long day of purchases, wind down at the diner with a home-cooked meal and a lovely glass of wine or beer. Order your holiday pies from this authentic diner. Gift certificates are available and make great stocking stuffers as well as gifts for teachers, letter carriers and more.

#### **FEATURES INCLUDE:**

- The 9th Annual Holiday Guide is mailed to over 27,000 homes in Southern Westchester and hundreds are distributed throughout each town, allowing for a readership of over 75,000
- Full color glossy format. Size: 8.5"x 10.75"
- Free linked, online ad in PDF version of the Holiday Guide and promoted on social media. Average online monthly readership of 27,000 (combined websites).
- Perfect marketing tool for the holiday season.
- 120 word editorial space with photo along with display ad.

# MATERIAL DEADLINE: OCT. 9 PUBLISHING DATE: NOV. 2

Call 914-738-7869 to reserve your space today!





# Home Improvement & Design

#### HOW TO PAINT INTERIOR WALLS

Are you ready to learn how to paint walls? With the right tools and the right paint, you'll go from painting for beginners to proud DIYer in no time. The best paints for interior walls will cover properly prepared surfaces in fewer coats, but beware of bargain paints claiming good coverage at too-good-to-be-true prices. Benjamin Moore premium products are powered by patented Gennex® Color Technology, ensuring you'll enjoy gorgeous paint colors and unsurpassed durability every time.

#### The Best Way to Paint Walls

When it comes to home interiors, there really is no "fast and easy" way to paint walls. Two ways to ensure your painting project is a success: properly prepare the surface and take your time. Remember to read all labels and follow all instructions carefully.

Painting walls does not need to be difficult. Our How To Paint Walls video (https://www.youtube.com/watch?v=g7SReg-IH\_o) not only shows you how to paint a room, but gives you the interior painting tips that will help you achieve excellent results.

#### Step #1: Select the Right Tools for Painting Walls

The right tools are important. Here's what you'll need:

• High-quality roller sleeve and handle; use...

- a 3/8-inch sleeve for most finishes
- a 1/4-inch sleeve for glossy finishes
- a thicker, 1/2- or 3/4-inch sleeve for rougher, textured walls
- Wash and dry roller sleeves to remove any loose fibers prior to painting



Other painting tools you'll need include a pan, an extension pole and a stepladder.

You'll also need quality paint, like premium Aura® Interior, Regal® Select Interior, a favorite of homeowners and painting professionals, or ben® Interior, a paint formulated specifically to help DIY-ers with quick-fix drips and smooth touch-ups.

#### Step #2: Prepare the Wall Surface

Preparing the walls of the room is always critical to a successful paint job, starting with cleaning. Most walls can be washed using a sponge and warm water. If there is mildew, be sure to remove it completely. Priming is also essential; be sure to ask your local Benjamin Moore retailer for a deep base primer if painting a darker hue.



#### Step #3: Cut in the Room

When you paint a room, you have to "cut in" with a 2½-inch angle sash brush. Cutting in with a paint brush is when you paint along the ceiling line, corners, windows, doors, molding, outlets and switches prior to using a roller.

See our How to Cut Into a Room When Painting video to learn more about cutting into a room. (https://www.youtube.com/ watch?v=oqllhGh8eR0)

#### Step #4: Load Your Roller

Place a liner in your paint tray, and carefully pour paint into the tray. Begin loading your roller by rolling it along the raised roll-off area of the pan. Touch the paint, but do so without completely immersing the sleeve. Repeat this motion until the roller is fully saturated.

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# Home Improvement & Design

#### HOW TO PAINT INTERIOR WALLS

#### Step #5: Start Rolling

Start each section rolling from the top down first, overlapping each row about 3-5 inches. Apply only light pressure, letting the roller and the paint do the work. If you press too hard, you may create drips and runs.

#### Step #6: Reload and Avoid Streaks

Every time you reload the roller, begin a new row on an unpainted area and work back into the previously painted row. Your extension pole should be long enough to allow you to reach the highest and lowest points of the wall comfortably.

Painting walls without streaks is one important technique to master; start by steering clear of painting too large a space at one time. Painting manageable-

sized areas will help you maintain a "wet edge"—the application of paint toward the unpainted area and then back into the just-painted surface—which will ultimately produce a smooth, uniform appearance and help to prevent lap marks.



We recommend at least two coats of your topcoat product for



optimal hide and color development. Check the paint can for the recommended drying times and wait until the paint is completely dry before you add the second coat. Be sure to allow proper cure time before returning fixtures, wall plates or frames to the walls.

Have More Questions? Visit your local Benjamin Moore store or contact Customer Support.

25



# Home Improvement & Design

#### 3 ENERGY-SAVING HOME IMPROVEMENT IDEAS

(Family Features) Making improvements around the house to curb energy usage is not only good for the environment, it can make a big impact on your utility bills, too.

Energy-efficient appliances are a good starting point as you work to reduce your home's overall energy usage. Depending on local tax laws, you may also qualify for tax incentives for these purchases.

There are also relatively simple DIY projects you can do around the house to improve energy conservation.

Seal air leaks. Gaps around windows, doors and other openings are major contributors to wasted energy. In the winter, they let cold air in, making your furnace work harder. Conversely, in the summer, cool air escapes and forces your air conditioner to run extra. In most cases, weather stripping or caulking can provide the necessary seal. Larger gaps may require low-expansion foam or minor drywall work. Remember to pay careful attention to the attic and basement, which can be unexpected sources of energy loss.

If replacing your door's threshold is impractical or your threshold is not adjustable, a door bottom or sweep may effectively keep out unwanted drafts. These options install directly on the door, eliminating the need to tinker with the threshold itself or remove the door for more significant alterations.

Update insulation. Deteriorating or minimal insulation, which is found more often in older homes, can make it difficult to effectively manage your home's temperature. While spray foam is a tempting solution that has less of an impact on your walls, it can be tricky for a novice to install correctly.

A simple and effective alternative is fiberglass batts or rolls, which can be easily cut to size and fit between studs and beams. While this approach requires sheetrock removal and re-installation, it's also one of the lowest cost options for insulation replacement.

Regulate temperatures. Over time, thermostats can become less sensitive, leading to inaccuracies and wasted energy. Installing a programmable thermostat is a cost-effective, easy fix. Choose a model that allows you to adjust temperature settings relative to your usage, saving energy and eliminating paying for cooled or heated air when you're not home.

For example, on summer days when you're not home, program your system to maintain a temperature 5-10 degrees F higher than is comfortable when you're present. Then set it to cool to your preferred temperature approximately 30 minutes or 1 hour prior to arriving home.

Find more tips to net big savings in both energy efficiency and money at eLivingtoday.com.











# Bronxville

#### **VILLAGE HALL**

200 Pondfield Road, Bronxville, NY 10708 villageofbronxville.com

(914) 779-4022

Village of Bronxville Cable: FiOS Channel 47, Optimum Channel 74

The Village of Bronxville is an incorporated Village within the Town of Eastchester, approximately 15 miles from midtown Manhattan. The Village covers an area of just over one square mile with over 70 acres of parkland including athletic fields, woodlands, and a small part of the Bronx River Parkway Reservation. The Village is one of the most attractive and accessible communities located within the New York metropolitan area. It has retained its small-town scale and sense of history while meeting today's demands.

The Village of Bronxville is governed by a five member Board of Trustees. The Board consists of a Mayor and four Trustees. The Mayor is the Chief Executive Officer of the Village and is responsible for the conduct of public meetings and certain appointments. The Mayor and Trustees all have one equal vote for the adoption of resolutions.

Board of Trustees meetings are held on the second Monday of every month except August. The meetings take place in the Trustees Room at Village Hall. Work sessions commence at 6:30 p.m. and meetings commence at 8:00 p.m.

The Bronxville School is rated nationally for its excellence in education. More than 1,400 children in Kindergarten through 12th grade are taught by both traditional and innovative educational approaches that accommodate individual learning styles.



We Support Familes Education Health Youth Seniors

#### Helping our Neighbors in Bronxville 10708, Eastchester and Tuckahoe

For over 100 years, The Community Fund has played an important role in our community by supporting social service agencies and area programs that provide critical services for the residents living in the Villages of Bronxville and Tuckahoe, the Town of Eastchester and the areas located in the 10708 zip code.

Currently providing funding to 21 social service agencies and community organizations, The Community Fund supports 24 programs helping youth, families, seniors, health initiatives and education & prevention programs. Each year our dedicated board and team of volunteers diligently evaluate these agencies and programs, as well as initiatives, to determine the appropriate level of Community Fund support and to provide feedback on how they can better serve our residents in need.

A contribution to The Community Fund is a direct investment in our community with 100% of donations made to the Annual Campaign going directly back into the community. Contributions can be made by mail, on-line, through a stock donation, or by designating The Community Fund in your company's United Way, Employee giving or Matching Gift programs.

### Every Dollar Raised Here Stays Here! Please Donate to:

The Community Fund, 17 Sagamore Road, Bronxville, NY 10708

For more information about the Fund and the agencies and programs we support, please visit The Community Fund website at www.thecommunityfund.org.

#### **IMPORTANT PHONE NUMBERS**

#### **Police Department**

200 Pondfield Road Emergencies: 911 Non-Emergency: (914) 337-0500

#### Eastchester Volunteer Ambulance Services

257 Main Street, Eastchester (914) 337-3071 eastchesterems.com

#### **Eastchester Fire Department**

255 Main St, Eastchester Non-Emergency: (914) 793-6402 eastchesterfd.com

### Bronxville Chamber of Commerce

119 Pondfield Road director@bronxvillechamber.org bronxvillechamber.org

#### **Bronxville Public Library**

201 Pondfield Road (914) 337-7680 bronxvillelibrary.org

#### **Bronxville Women's Club**

135 Midland Avenue (914) 337-3252 thebronxvillewomensclubinc.org

#### **Dept of Public Works**

(914) 337-7338, ext. 123 Buildings@vobny.com

#### **Dept of Recreation**

(914) 337-6500 recreation@vobny.com

#### **Gramatan Village**

85 Pondfield Road (914) 337-1338 gramatanvillage.org info@gramatanvillage.org

#### Junior League of Bronxville

17 Sagamore Rd., 3rd Flr., Bronxville, NY 10708 (914) 362-8380 jlbronxville.org info@jlbronxville.org

#### **Justice Court**

200 Pondfield Road (914) 337-2486 court@vobny.com villageofbronxville.com/ justice-court

#### **Bronxville Public Schools**

177 Pondfield Road (914) 395-0500 bronxvilleschool.org

# BRONXVILLE UNION FREE DISTRICT SCHOOL CALENDAR 2023-24

#### September

5 Schools Open25 Yom Kippur

#### October

10 Columbus Day

#### November

7 Election Day
 10 Supt. Conf. Day
 AM NO STUDENTS/
 Veteran's Day Observance

2 Early Release

23-24 Thanksgiving Day & Recess

#### December

22 Early Release25 Christmas25–29 Holiday Recess

#### January 2024

New Year's Day
Holiday Recess
Schools Reopen
Martin Luther King Jr. Day

#### February

19-23 Presidents' Day & Winter Recess

#### March

29 Good Friday25-29 Spring Recess

#### April

22-23 Passover

#### May

27 Memorial Day

#### June

19 Juneteenth

26 Last Day of School & Regents Rating Day

27-28 Superintendent's Conference Day

The calendar allows for 6 snow days before it would be necessary to take back vacation days. If it is necessary to make up school days due to closings for inclement weather, etc., the days will occur in this order: March 25, 26.

# Harrison

#### Alfred F. Sulla, Jr. Municipal Building

1 Heineman Place, Harrison, NY 10528 General info: (914) 670-3000 Town Clerk: (914) 670-3030 harrison-ny.gov

Harrison is a town/village situated 22 miles north of Manhattan with all the amenities people move to the suburbs for: quiet streets, convenient location, excellent schools, parks and recreation, and a great sense of community. Purchase, the historic area of Harrison, has beautiful homes, corporate parks, the State University of New York at Purchase and Manhattanville College.

A five member Town/Village Board, comprised of the Supervisor/Mayor and four Councilmen/Trustees elected at large, is the governing body of the Town/Village. It is responsible for the health, safety, and welfare of it's residents. The Supervisor/Mayor is elected for a two year term and the Councilmen/Trustees serve for four year terms.

The Supervisor/Mayor is the Chief Fiscal Officer and the Chief Executive Officer of the Town. A Deputy Supervisor/Mayor is appointed to assist with the duties of the Supervisor/Mayor in his absence.

The Town Board is a legislative body responsible for setting policy, adopting the annual budget, approving contracts and expenditures, enacting laws and resolutions, and overseeing the general operation of the town.

Regular Town Board meetings are conducted twice a month, usually on the first and third Thursday at 7:00 PM, from September to May, and once a month, usually the first Thursday at 7:00, during the months of February, July, and August.

Outdoor activities are enjoyed in community parks and on school fields. Five day camp programs are conducted throughout the community during the summer months. Spring Egg Hunts, Halloween Programs, Summer Concerts, and Sports Tournaments are also held during the year. An annual "It's Great to Live in Harrison/ Columbus Day Celebration" is held in October.

Home to nationally recognized schools of excellence, Harrison strives for superior standards in education for its student population of over 3,600. There are four elementary schools teaching Grades K-5 -- The Harrison Avenue School, Parsons Memorial School, the Samuel J. Preston School and the Purchase School. The curriculum includes many innovative programs that provide the students with small classes and an impetus for learning. Full day kindergarten also is a highlight.

Louis M. Klein Middle School offers a rigorous and comprehensive academic program that is standards-based and meets the New York State Regents Policy Statement on Middle Level Education for Grades 6 through 8.

Harrison High School offers Honors, Regents and an academic curriculum for four years. With a comprehensive athletic program, the High School encourages students to participate in a wide variety of activities. A planetarium, media center and a school-wide computer program display Harrison's commitment to quality education.

#### **IMPORTANT PHONE NUMBERS**

#### **Police Department**

650 North Street Emergencies: 911

Headquarters: (914) 967-5111

#### **Emergency Medical Services**

(914) 921-0100 harrisonems.com

#### **Harrison Fire Departments**

Emergency: 911 Non-Emergency: (914) 835-1106 harrisonfd.org

#### **West Harrison Fire**

Emergency: 911 Non-Emergency: (914) 949-0428 whyfd.org

#### **Purchase Fire**

Emergency: 911 Non-Emergency: (914) 253-9044 purchasefd.com

#### **Harrison Public Library**

2 Bruce Avenue (914) 835-0324 harrisonpl.org

#### **Purchase Free Library**

3093 Purchase St, Purchase (914) 948-0550 purchasefreelibrary.org

#### Harrison Children's Center

300 Harrison Avenue (914) 835-4271 hccdebbie@gmail.com harrisonchildrenscenter.org

#### **Harrison Chamber of Commerce**

1 Heineman Place info@harrisonchamberof commerce.com harrisonchamberofcommerce.com

#### **Harrison Post Office**

258 Halstead Avenue (800) 275-8777

#### **RECREATION CENTERS**

harrison-ny.gov/recreation

#### **Leo Mintzer Center**

251 Underhill Ave, W Harrison (914) 949-5265

#### **West Harrison Senior Center**

251 Underhill Ave, W Harrison 630-5366

#### **Harrison Senior Community Cntr**

216 Halstead Avenue (914) 835-0374

#### Sollazzo Center

270 Harrison Avenue (914) 670-3179

#### **HARRISON SCHOOL DISTRICT**

harrisoncsd.org

#### HARRISON CENTRAL SCHOOL DISTRICT **SCHOOL CALENDAR 2023-24**

#### September

Schools Open 7 22 K-12 Early Dismissal Yom Kippur

#### October

Columbus Day

#### November

Supt. Conf. Day 10 Veterans' Day K-12 Early Dismissal 23-24 Thanksgiving Recess

#### December

K-5 Parent-Teacher Conf. 25-29 Holiday Recess

#### January 2024

New Year's Day Dr. Martin Luther King Day 23-26 Regents Exams

#### **February**

9 Supt. Conf. Day 19-23 Winter Recess

#### March

K-5 Parent-Teacher Conf. 25-29 Spring Recess

#### April

Unused Snow Day\* 22 Start of Passover 23

#### May

24 Unused Snow Day\* 27 Memorial Day 28 Unused Snow Day\*

#### June

K-5 Early Dismissal 19 Juneteenth 14-26 Regents Exams 24-26 K-8 Early Dismissal Regents Rating Day 26 26 Last Day of School

# Larchmont

#### LARCHMONT VILLAGE HALL

120 Larchmont Avenue, Larchmont, NY 10538 (914) 834-6230 villageoflarchmont.org

Larchmont is a quaint village. It has an old-fashioned feel, as the coffee bars and small shops along the commercial streets attest, it has kept up-to-date. Part of the Town of Mamaroneck, it shares a school system and some services, but has its own government.

An elected Board of Trustees, composed of a Mayor and four Trustees, governs the Village. The Board is responsible for budget, public safety, sanitation, water, public works, community services, etc. There are two elected Village Justices. With the adoption of the referendum on Election Day, September 15, 2020, Village Elections will now take place with the General Elections on the first Tuesday in November annually. The Board meets once a month at Village Hall, the municipal building.

The Larchmont Chamber of Commerce is dedicated to promoting the business and civic interests of Larchmont. Connecting business to business through networking opportunities, professional speakers and participation in business development events is their goal.

The Community Service Office is open to Village of Larchmont and Town of Mamaroneck residents of all ages. It dispenses information and assistance in applying for government benefits and programs. This office can advise you about local rent regula-

problem-solving. This agency also offers a Meals on Wheels program, a holiday giving program and updates on community and government programs.

tions, senior citizen rent increase exemptions, and landlord-tenant

The Junior League of Westchester on the Sound operates The Golden Shoestring with proceeds from the sale of donated and consignment clothing and household items funding Community and League projects.

The Larchmont Historical Society is a not-for-profit educational corporation by the New York State Board of Regents to discover, preserve and disseminate information concerning the natural, social and civic history of Larchmont and to promote the preservation of historical sites and structures.

During the Fall, the Recreation Department offers tennis clinics for players of all ages, along with Junior and Adult Platform Tennis. In the summer there is a day camp program, concerts and tennis programs at Flint Park. Special events include the Annual 5K Run, July 4th Festivities, Tour de Larchmont, Rag-a-muffin Parade and more. Recreational activities include the Larchmont-Mamaroneck Little League, the Larchmont Junior Soccer League, swimming at Hommocks Pool in the summer with a Town of Mamaroneck pool permit and ice skating at Hommocks Park Ice Rink.

Larchmont and neighboring Mamaroneck are served by the Mamaroneck Union Free School District. The district's four elementary schools, one middle school and one high school earn high marks for their comprehensive academic programs. The arts and athletic programs are exemplary. The school year calendar is the same as Mamaroneck's.



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### MAMARONECK UNION FREE SCHOOL DISTRICT SCHOOL CALENDAR 2023-24

SCHOOL CALENDAR 2023-24					
September		February			
	5	First Day of School	19-23	Winter Recess	
	25	Yom Kippur			
			March		
	Octobe	r	6	Supt. Conf. Day	
	9	Columbus Day	22	12pm Dismissal	
			25-29	Holiday Recess	
	Novemb	per			
	7	Supt. Conf. Day	April		
	10	Veteran's Day Ob.	1	Snow/Spring	
	23	12pm Dismissal		Give-back Day #1	
	22-24	Thanksgiving Recess	22-23	Holiday Recess	
December		May			
	22	12pm Dismissal	27	Memorial Day	
25-Jan 2 Holiday Recess		28	Snow/Spring		
				Give-back Day #2	
January 2024					
	3	Schools Reopen	June		
	15	Dr. Martin Luther	19	Juneteenth	
		King Jr. Day	26	Last Day of School	

# Larchmont

#### **IMPORTANT PHONE NUMBERS**

#### **Police Department**

Emergencies: 911 Non-emergency: (914) 834-1000 Ambulance: (914) 834-3344

#### **Fire Department**

Non-emergency: (914) 834-0016

#### **Larchmont Public Library**

121 Larchmont Avenue (914) 834-2281 larchmontlibrary.org

#### **Larchmont Newcomers Club**

P.O. Box: 943, Larchmont, NY 10538 LNCVolunteer@gmail.com larchmontnewcomersclub.com

#### **Larchmont Senior Center**

Veterans of Foreign Wars, #1156 1288 W Boston Post Road (914) 834-8840 villageoflarchmont.org/ senior-center

#### Sheldrake Environmental Center

685 Weaver Street (914) 834-1443 sheldrakecenter.org

#### **Larchmont Post Office**

1 Chatsworth Avenue (914) 834-4963

#### MAMARONECK SCH DIST

mamkschools.org 1000 West Boston Post Road Main Number: (914) 220-3000

#### **Central School**

1100 Palmer Ave (914) 220-3401 Universal Pre-K (914) 220-3471

#### **Chatsworth Avenue School**

34 Chatsworth Ave (914) 220-3500 or 3515

#### Mamaroneck Avenue School

850 Mamaroneck Ave (914) 220-3600

#### **Murray Avenue School**

250 Murray Avenue, (914) 220-3700

#### **Hommocks Middle School**

130 Hommocks Road (914) 220-3300 or 3315

#### Mamaroneck High School

1000 West Boston Post Road, (914) 220-3100

### VILLAGE OFFICES Building Inspector

(914) 834-4349

#### Village Court/Clerk

120 Larchmont Avenue (914) 834-6230, press 1

#### **Water Department**

2015 Boston Post Road (914) 834-4893 Billing: (914) 834-6230, press 3

#### **Public Works**

2015 Boston Post Road (914) 834-6965

#### **Recreation Department**

120 Larchmont Avenue (914) 834-6230, press 6

#### Village Clerk

120 Larchmont Avenue (914) 834-6230, press 1

#### **Larchmont Chamber 10538**

1 Chatsworth Ave., P.O. Box 800, Larchmont, NY 10538 info@larchmontchamber.org larchmontchamber10538.org

#### The Golden Shoestring

149 Larchmont Avenue (914) 834-8383 office@jlwos.org

### Junior League of Westchester on the Sound

westchesteronthesound.jl.org

### The Larchmont Historical Society

Mamaroneck Town Center 740 West Boston Post Road (914) 381-2239 archives@larchmonthistory.org larchmonthistory.org



# Mamaroneck/Rye Neck

#### **TOWN CENTER**

740 West Boston Post Road, Mamaroneck 10543 (914) 381-7810

townofmamaroneck.org village.mamaroneck.ny.us

Mamaroneck offers tree-lined residential streets and a familyfriendy community with many things to do, such as shopping and dining along "The Avenue", and boating and sports at Harbor Island Park. The Town of Mamaroneck encompasses both the Village of Mamaroneck and the Village of Larchmont, sharing some basic

The Town of Mamaroneck is governed by a Supervisor and four Council members, which meets on the first and third Wednesday of every month except in July and August, in the Court Room at the Town Center. Council members serve four-year terms; the Supervisor and Deputy Supervisor serve for two years. The Village of Mamaroneck has a Mayor and four trustees.

Mamaroneck residents can swim at Hommocks Park, play tennis at Memorial Park and Central Schools and enjoy special events throughout the year.

To prepare students to function as responsible citizens in a multicultural world, the school system promotes an appreciation of individual learning. A strong English as a Second Language program supports a diverse population of learners at all grades.

Mamaroneck High School offers hundreds of courses, including honors and Advanced Placement college-level courses. Among the high school's specialized programs are: an integrated dance, drama and music program called PACE (Performing Arts Curriculum Experience); an original science research program, and extensive fine arts and music programs. With over 75 clubs and organizations at the High School, there is something for everyone.

#### RYE NECK UNION FREE SCHOOL DISTRICT **SCHOOL CALENDAR 2022-23**

22-23

June

19

25

26

Supt. Conf. Day

Holiday Recess

Juneteenth

Rating Day

If no emergency days are used, schools will be closed 4/1, 5/24,

If one emergency day is used,

schools will be closed 4/1, 5/24. If two emergency days are used, schools will be closed 5/24.

Last Day of School

Sep	M	
5	School Opens	8
25	Yom Kinnur	2

25-29 **Spring Recess** Yom Kippur October April

Columbus Day

November May Supt. Conf. Day Memorial Day 27

10 Veterans' Day Early Dismissal 23-24 Thanksgiving Recess

December

Early Dismissal 25-29 Holiday Recess

January 2024 Holiday Recess 15 Dr. Martin Luther King Jr. Day

February

19-23 Winter Recess

740 West Boston Post Road Emergencies: 911 (914) 381-6100

**Police Department - Town** 

#### Police Department - Village

169 Mt. Pleasant Avenue Main: (914) 777-1122 Village Chief: (914) 825-8523

#### **Registrar of Vital Statistics** Village of Mamaroneck

123 Mamaroneck Avenue (914) 777-7722

#### Village Fire Department 146 Palmer Avenue

Fire Calls Town and Village: Main: (914) 825-8777 info@vmfd.org vmfd.org

#### **Mamaroneck Public Library**

136 Prospect Avenue (914) 698-1250 mamaronecklibrary.org

#### **TOWN OF MAMARONECK**

Town Admin: (914) 381-7810 740 West Boston Post Road townadministrator@ townofmamaroneckNY.org

**Town Supervisor:** (914) 381-7805 supervisor@townof mamaroneckNY.org

#### **Mamaroneck Post Office**

309 Mt Pleasant Avenue (914) 698-3229

#### RECREATION CENTERS **Town of Mamaroneck**

740 W Boston Post Road (914) 381-7865

#### **IMPORTANT PHONE NUMBERS** Village of Mamaroneck

Stephen E. Johnston Beach Pavilion, Harbor Island Park (914) 777-7784 Recreation@vomny.org

#### The Marine Education Center at Harbor Island Park

1 Harbor Island Park (914) 582-4496 ktroy@vomny.org marineeducationcenter.org

#### **Hommocks Park Ice Rink**

140 Hommocks Road (914) 834-1069 HPIR@TownofMamaroneckNY.

#### **Hommocks Pool**

140 Hommocks Road (914) 834-0052 townofmamaroneckny.org/327/ Hommocks-Pool

#### **Senior Citizens Center**

1288 Boston Post Road VFW David Potts Jr. Post #1156 (914) 834-8840 shart@townofmamaroneckny.org

#### **The Center for Continuing** Education

1000 W Boston Post Road (914) 220-3071 msundin@mamkschools.org Imcce.org

#### MAMARONECK SCHOOL DISTRICT

mamkschools.org 1000 West Boston Post Rd, Main Number: (914) 220-3000

#### RYE NECK SCHOOL DISTRICT

Administration: 310 Hornridge Road (914) 777-5200 ryeneck.org

# New Rochelle

#### **CITY HALL**

515 North Avenue, New Rochelle, NY 10801 (914) 654-2000 newrochelleny.com

The City of New Rochelle has operated under a Council-Manager form of government since 1932. The two major components of this system are the City Council and the City Manager. The City Council is the legislative body, establishing City policies; the City Manager is the administrator, carrying out the directives of the Council. New Rochelle's City Council consists of a Mayor elected at large and six Council Members elected by district. The Mayor and Council Members serve 4 year terms.

The Mayor serves as a member and presiding officer of the Council. In addition to officiating at all City ceremonial functions, the Mayor takes an active role in promoting the City. The Mayor also appoints members of the Planning Board, Civil Service Commission and Parks and Recreation Advisory Committee. The City Manager, appointed by the Council, is the chief administrative officer of the City. It is the Manager's responsibility to supervise and coordinate the work of the departments, prepare and submit to Council an annual budget estimate, enforce City ordinances and state laws, and execute all contracts, leases and deeds authorized by Council. The City Manager keeps Council informed about the fiscal condition and future needs of the City and has the sole power to appoint and remove all heads of departments in the administrative services of the City.

The New Rochelle Public School District has 10 public schools. There are six elementary schools teaching grades K-5. There are two middle schools: Albert Leonard Middle School and Isaac Young Middle School.

New Rochelle High School is an all Regents High School offering a variety of courses in five major fields. Its curriculum reflects the expanding fields of knowledge, the shifting concerns and needs within society, and the changing needs and interests of its students. The courses provide a major sequence of study for students continuing their formal education beyond high school.

#### **IMPORTANT PHONE NUMBERS**

#### **Police Department**

Emergencies: 911 (914) 654-2300

#### **Fire Department**

(914) 654-2212

#### **New Rochelle Public Library**

(914) 632-7878

nrpl.org

#### Huguenot Children's Library

(914) 632-8954

nrpl.org/children/huguenot-child-

rens-library

City Clerk's Office: (914) 654-2159

#### City Manager's Office

(914) 654-2140

cstrome@newrochelleny.com

#### **Department of Public Works**

(914) 654-2131

#### Mayor's Office

(914) 654-2150

nbramson@newrochelleny.com

#### Parks and Recreation

(914) 654-2087

lrusso@newrochelleny.com

#### **Sanitation Office**

(914) 235-4654

bbonacci@newrochelleny.com

#### Office of Aging

(914) 235-2363

#### **City Court**

Parking: (914) 358-8000 Traffic: (914) 358-8020 Criminal: (914) 358-8050 Civil: (914) 358-8070

#### Youth Bureau

(914) 654-2045

#### **School District of New Rochelle**

Main Number: (914) 576-4300

#### **Wykagyl Station Post Office**

(914) 632-7667

#### **NR Chamber of Commerce**

(914) 632-5700 info@newrochamber.org newrochamber.org

#### LASER FRAME AND BODY REPAIR

74 POTTER AVENUE NEW ROCHELLE NY 10801 TEL: 914-632-8100 FAX: 914-632-8141 EMAIL: LF@LASERFRAMEAB.COM

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# NEW ROCHELLE PUBLIC SCHOOLS SCHOOL CALENDAR 2023-24

SCHOOL CALENDAR 2023-24							
Septer 6 25	mber Schools Open Half Day Yom Kippur	January 1 15	/ 2024 New Year's Day Ob. Martin Luther King Jr. Day				
Octobe 9	er Columbus/ Indigenouse People's Day 1/2 Day All	Februar 19 20-23	•				
Novem 7 10 22 23-24	•	March 19 25-28 29	1/2 Day Elem. Parent-Teacher Conf. Half Day Spring Recess Good Friday				
Decem 12 19	nber 1/2 Day Elem. Parent-Teacher Conf. 1/2 Day Elem.	April 10 22-24	Eid-al-Fitr Passover Seder				
22 25 26-29	Parent-Teacher Conf. Rapid Dismissal Christmas Day Ob. Holiday Recess	May 24 28 27	Weather Makeup #1 Weather Makeup #2 Memorial Day				
		June 19	Juneteenth				

24-26

1/2 Day All Schools

# Pelham

#### TOWN OF PELHAM

34 Fifth Avenue, Pelham, NY, 10803 townofpelham.com

Main Number: (914) 738-1021

#### **VILLAGE OF PELHAM**

195 Sparks Avenue, pelham, NY, 10803 Main Number: (914) 738-2015 pelhamgov.com

#### **VILLAGE OF PELHAM MANOR**

4 Penfield Place, Pelham, NY, 10803 pelhammanor.org

Main Number: (914) 738-8820

Pelham, is known for its rich history, community spirit and proximity to Manhattan. The oldest town in Westchester County, its history dates back to 1654 when Thomas Pell signed a treaty with the Siwanoy Indians. The village was incorporated in 1896 and developed mostly before World War II.

Located in the southeastern corner of Westchester County, the Town of Pelham occupies a two and one-half square mile area bordered on the south by New York City and on the east by the Long Island Sound.

To its 13,000 residents, Pelham offers an ideal mix of two worlds - the quiet, tree-lined residential streets of a small school-oriented community and cultural, educational and business opportunities.

Pelham Chamber of Commerce -- Working as a unified network of Pelham businesses, the goal of the Pelham Chamber of Commerce is to collaborate and initiate ideas and strategies to help increase sales and grow business.

The Pelham Recreation Department staff supervises Pelham's after school drop-in center at the high school, the school playgrounds for after school and summer activities and the Teen Center on most Saturday nights during the school year. Throughout the year, the Pelham Recreation Department sponsors special events including Summer Band Concerts at the Gazebo, Halloween Costume Display, Halloween Window Painting and Parade, Santa Claus and Easter Bunny Visits. For further details, contact the Recreation Department at 738-0153.

The Pelham Senior Advocate program sponsors free yoga classes, and events for seniors at the R.J. Daronco Town House. Call 738-5004.

The Town of Pelham is governed by a Town Supervisor, Deputy Supervisor and 3 Board Members. They hold public meetings on the first Tuesday of the month at 7pm at the Town Hall.

The Board of Trustees is the legislative body of the Village of Pelham, comprised of the Mayor, Deputy Mayor and five Trustees. Public meetings are held at Village Hall on the 2nd and 4th Tuesdays of the month at 7:30pm.

The Village of Pelham Manor is governed by a Mayor, Deputy Mayor and three Trustees. Public meetings are held on the 2nd and 4th Mondays of the month at 8:15pm at the Village Hall.

The Pelham schools provide the finest in learning facilities at four Elementary Schools and one Junior-Senior High School. Pelham Schools provide small size classes that maximize teacher-pupil interaction for the students. Its up-to-date, coordinated curriculum for kindergarten through twelfth grade is continuously reviewed and updated through a Curriculum, Instruction, and Assessment Council. A full continuum of enrichment programs and special education services are available including special classes, resource rooms, and consultant teacher support. Computer technology is integrated in all classrooms, school libraries, plus a science lab, a foreign language-learning center, and tech labs.

Police: Emergencies: 911 (914) 738-2000

Pelham Fire Dept.: (914) 738-2600

Pelham Manor Police: (914) 738-1000

Pelham Manor Fire Dept.: (914) 738-0800 Non-Emergency: (914) 738-8825

Pelham Public Library 530 Colonial Avenue (914) 738-1234 pelhamlibrary.org

Junior League of Pelham P.O. Box 8147 president@JLpelham.org JLpelham.org

Meals on Wheels (914) 738-5982

Pelham Children's Center 20 Fifth Avenue (914) 738-3900 pelhamchildrenscenter.org

Pelham Civic Association pelhamcivics.org

Pelham Little League (914) 738-7555 pelhamlittleleague.org

Pelham Senior Citizens Club (914) 738-5004

Pelham Police Benevolent Assoc (914) 738-2800

The Manor Club (914) 738-1528

themanorclubofpelham@gmail.com tmcofpelham.org

Youth Soccer League: pelhamsoccer.org

Pelham Post Office 26 First Street (914) 712-3790

Superintendent's Office: (914) 738-3434, ext. 6

Special Education Committee (914) 738-3434, ext. 1152

Colonial School: (914) 738-2680 colonial.pelhamschools.org

Hutchinson School: (914) 738-3640 hutchinson.pelhamschools.org

Prospect Hill School: (914) 738-6690 prospect.pelhamschools.org

Siwanoy School: (914) 738-7650 siwanoy.pelhamschools.org

Pelham Middle School: (914) 738-8190 pms.pelhamschools.org

Pelham Memorial High School: (914) pmhs.pelhamschools.org

#### PELHAM PUBLIC SCHOOL DISTRICT SCHOOL CALENDAR 2023-24

#### September

Schools Open, Early Release K-5 16-17 Rosh Hashanah 25 Yom Kippur

#### October

Columbus Day/ Indigenous People's Day

#### November

10 Veteran's Day 12 Diwali 22 Early Release/Staging Drill

23-24 Thanksgiving and Recess

Parent/Teacher Conf. K-12

#### **December**

Parent/Teacher Conf. K-12 First Night of Chanukah 22 Early Release 25 Christmas Day and Holiday Recess

First Day of Kwanzaa,

The calendar allows for five (5) snow days before it would be necessary to take back vacation days. If it is necessary to make up school days due to closings for inclement weather, etc., and after using the two contingency days (May 23 and May 24), the days will occur in this order: April 1, March 25, March 26, March 27, March 28.

Last Day of Kwanzaa/ New Year's Day 15 Martin Luther King Jr. Day 27 Inter. Holocaust

Remembrance Day

#### **February**

19 Presidents' Day 19-23 Winter Recess

#### March

10 1st Night of Ramadan 14 Parent/Teacher Conf. K-12 15 Sup. Conf. Day 25-29 Spring Recess/Good Friday

#### April

Spring Recess 9 Eid-al-Fitr Begins 22 Passover

#### May

23-24 Compensatory Days TBD Based on Use of **Emergency Days** 27 Memorial Day

#### June

19 Juneteenth 24-26 Early Release K-6 26 Last Day of School 29 Graduation

# City of Rye

#### THE CITY OF RYE

1051 Boston Post Road, Rye, NY 10580 Main Number: (914) 967-5400 ryeny.gov

#### THE TOWN OF RYE

222 Grace Church Street, 3rd Floor, Port Chester, NY 10573 (914) 939-3075 townofryeny.com

Rye is a stately and serene community. There are beautiful homes, unspoiled beaches, parks, programs, and a village green. Shop the Gap and other national stores along Purchase Street. And don't forget the art deco landmark, Rye Playland Amusement Park and the Science Port at Rye.

The City of Rye is governed by a Mayor and a six-person Council. All officials serve four-year terms. They meet on the first and third Wednesday of every month starting in October at City Hall.

The Town of Rye is governed by a Supervisor and a four-person Council. They serve four-year terms and meet on the third Tuesday of every month.

The Rye Historical Society offers many community oriented programs that include guided house tours, changing exhibitions, family workshops, lectures, craft classes, demonstrations and trips. They have an extensive local history collection which is available to researchers by appointment.

Located at One Purchase Street, The Rye Historical Society's Square House Museum is a house rich in history with the rooms carefully restored to reflect the many and vaired lifestyles of Colonial New York. For more information call 967-7588.

Rye Recreation sponsors activities and special events throughout the year. In October, children get to paint merchants' windows along the main streets. They also eagerly await the construction of the Haunted House each Halloween at the Recreation Center, located at 281 Midland Avenue.

In November, there is a Turkey Run, a Winter Bonfire in December and in the Spring "Passports to Playgrounds." Residents can send their children to the Day Camp program each summer. For more information call 967-2535.

The Rye City School District is dedicated to educating its students to develop their individual capabilities for a lifetime of learning in a changing world. The City has three award-winning elementary schools: Milton, Midland and Osborn, which serve pupils from Grades K-5. Students have the opportunity to work with the Rye Nature Center, the Rye Historical Society and the Rye Arts Center, as well as other local resources to give the students a well-rounded education. Phone: 967-6100

### IMPORTANT PHONE NUMBERS Fire Non-Emergency Calls:

(914) 967-4530

**Police Department** 

Emergencies: 911 (914) 967-1234

CITY/TOWN OFFICES City Hall Office: (914) 967-5400

City Clerk's Office: (914) 967-7371

City Mgr's Office: (914) 967-7411

Fin. and Tax Dept: (914) 967-7303

City Court: (914) 831-6400

Public Works: (914) 967-7464

Recreation Dept: (914) 967-2535

Town Office: (914) 939-3075

Assessor: (914) 939-3075 ext. 140

Court Clerk: (914) 939-3305

Receiver of Taxes: (914) 939-3558

Supervisor: (914) 939-3075 ext. 101

Town Clerk: (914) 939-3570

Rye Public Library (914) 967-0480 ryelibrary.org

Rye Post Office (914) 967-6258

RYE CITY SCHOOL DISTRICT ny02205427.schoolwires.net/rysd

Midland School (914) 967-6100 ext. 4901

Milton School (914) 967-6100 ext. 3901

Osborn School (914) 967-6100 ext. 5901

Rye Middle School (914) 967-6100 ext. 2901

Rye High School (914) 967-6100 ext. 1901

# RYE CITY SCHOOL DISTRICT SCHOOL CALENDAR 2023-24

#### September

6 Opening Day 16 Rosh Hashanah 25 Yom Kippur

#### October

9 Columbus Day25 RMS P/T Conf.Early Dismissal

#### November

7 Supt. Conf. Day-no school, Election Day

10 Veterans' Day

16 Elem. students dismissal P/t confs noon

22 Early Dismissal All Schools

23-24 Thanksgiving Recess

#### **December**

13 RMS P/T Conf. Early Dismissal

22 Early Dismissal All Schools 25-29 Winter Recess

#### January 2024

1-2 Winter Recess15 Dr. Martin Luther King Jr. Day

#### **February**

19 President's Day19-23 Mid-Winter Recess

#### March

13 RMS P/T Conf. Early Dismissal
15 Supt. Conf. Day
25-29 Spring Recess
31 Easter

#### April

 Emerg. Make-up Day
 Elem. dismissal P/T confs
 Supt. Conf. Day
 Passover

#### May

Emerg. Make-up DayMemorial DayEmerg. Make-up Day

#### June

19 Juneteenth 21 RHS Graduation 26 Final Day for Students

# **Cultural Arts**

#### **ArtsWestchester**

31 Mamaroneck Avenue, 3rd Floor, White Plains, NY,\ 10601 (914) 428-4220

W: artswestchester.org F: ArtsWestchester I: artswestchester

#### **Bendheim Performing Arts Center (JCC of Mid-Westchester)**

999 Wilmot Road, Scarsdale, NY 10538 (914) 472-3300 W: jccmw.org/arts/bendheim-performing-arts-center

#### Clay Art Center

40 Beech Street, Port Chester, NY 10573 (914) 937-2047 E: mail@clayartcenter.org W: clayartcenter.org F: clayartcenter

#### **Concordia Conservatory of Music & Art**

176 White Plains Road, Bronxville, NY 10708 (914) 395-4507 W: concordiaconservatory.org

F: ConcordiaNY

#### **Hudson River Museum and Planetarium**

511 Warburton Avenue, Yonkers, NY 10701 (914) 963-4550 W: hrm.org F: HudsonRivMuseum I: HudsonRiverMuseum

#### **Iona University Council on the Arts**

715 North Avenue, New Rochelle, NY, 10801 800-231-IONA W: iona.edu/artscouncil

#### **Jay Heritage Center**

210 Boston Post Road, Rye, NY, 10580 (914) 698-9275 W: jayheritagecenter.org F: jayheritagecenter

#### **Lasdon Park & Arboretum**

2610 Route 35, Katonah, NY, 10536 (914) 864-7263 W: lasdonpark.org F: lasdonpark

#### **Muscoot Farm**

51 Route 100, Katonah, NY, 10536 (914) 864-7286 E: info@muscootfarm.org W: muscootfarm.org F: muscootfarm



Hudson River Museum and Planetarium

#### **Neuberger Museum of Art**

Purchase College, 735 Anderson Hill Road, Purchase, NY,\ 10577 (914) 251-6100 W: neuberger.org

#### **New Rochelle Council on the Arts**

W: newrochellearts.org
F: nrcanewrochellearts
I: NewRochelleArts

#### **Pelham Art Center**

155 Fifth Avenue, Pelham, NY 10803 (914) 738-2525 E: info@pelhamartcenter.org W: pelhamartcenter.org F: PelhamArtCenter

#### **The Performing Arts Center**

735 Anderson Hill Road, Purchase College, Purchase, NY 10577 (914) 251-6222 W: artscenter.org F: PurchasePAC

#### **Rye Nature Center**

873 Boston Post Road, Rye, NY 10580 (914) 967-5150
E: info@ryenaturecenter.org
W: ryenaturecenter.org
F: RyeNatureCenter

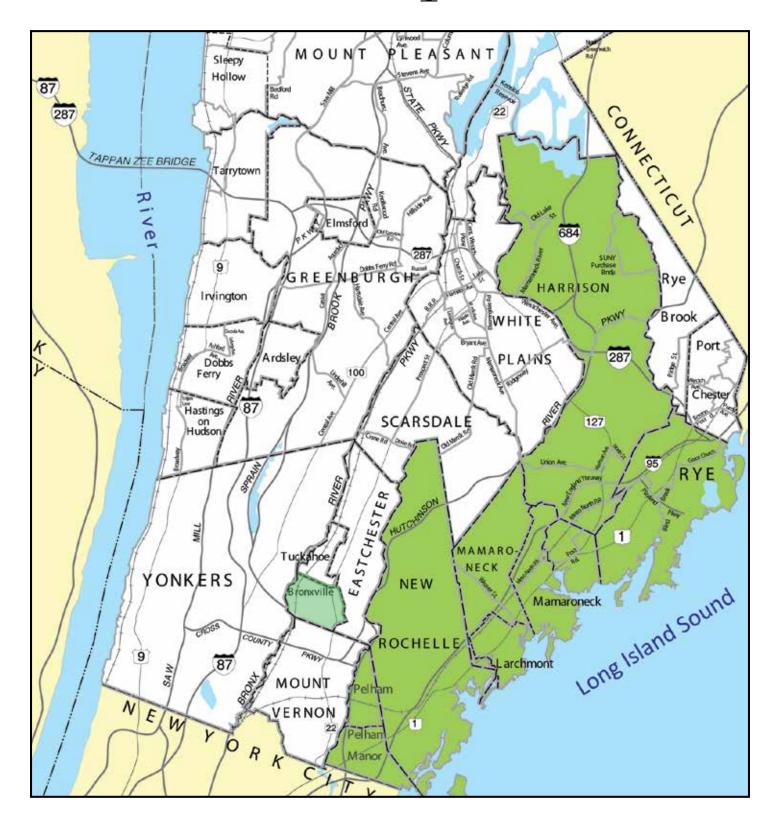
#### **Untermyer Performing Arts Council, Inc.**

945 North Broadway, Yonkers, NY 10701 (914) 375-3435 F: upac1976 I: untermyerpac

#### **Westchester Italian Cultural Center**

One Generoso Pope Place, Tuckahoe, NY 10707 (914) 771-8700 W: wiccny.org F: wiccny

# Westchester County Map



# Special Publications

Westchester's Community Newspapers 914-738-7869 • shorelinepub.com

Our Special Sections are inserted and mailed in our five community newspapers and are online all year!



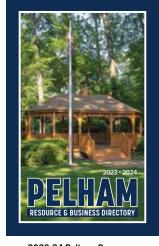
2024 Spring Home & Garden Improvement Mailed in all 5 papers: March 2024



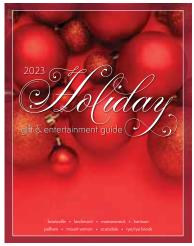
2023 Fall Home &
Garden Improvement
Mailed in The Pelham Post: Oct. 2023



**2023-24 Community Guide**Mailed in all 5 papers: September 2023



2023-24 Pelham Resource & Business Directory Mailed in The Pelham Post: August 2023



**2023 Holiday Gift & Entertainment Guide**Mailed in all 5 papers: November 2023





Westchester Women Magazine Mailed in all 5 papers quarterly



# Insurance that Exceeds Expectations

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Jeannine Foxx jf@meridianrisk.com

**Tyler Garrow** tg@meridianrisk.com

Robert Raniolo, Jr. rjr@meridianrisk.com

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914-738-5678

meridianrisk.com

mrmmail@meridianrisk.com



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914-738-9293 remeridian.com js@meridianrisk.com









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